



2023/24 Season

Athlete Initials: _____

Parent 1 Initials: _____

Parent 2 Initials: _____

Yukon Freestyle Code of Conduct

Participation in programs are a privilege and Freestyle Yukon requires our athletes to share our values. As such, we expect exemplary conduct from all athletes while participating in all club activities or when referring to the club.

PURPOSE

This Code of Conduct Policy exists to help create a safe and positive environment within the Yukon Freestyle Ski Association's (hereafter referred to as Freestyle Yukon or YFSA) programs, activities and events. All individuals must be aware that there is an expectation of appropriate behaviour consistent with the values of Freestyle Yukon and Safe Sport.

Freestyle Yukon is committed to providing an environment where all individuals are treated respectfully. Further, YFSA supports equal opportunity and prohibits discriminatory practices. Members of YFSA are expected to conduct themselves at all times in a manner consistent with YFSA's values, including fairness, integrity, open communication, mutual respect, and all other matters described in YFSA's Equity and Access Policy at all times.

All members of YFSA must conduct themselves in accordance with this Code of Conduct Policy, recognizing the importance of acting as a representative of the entire sports sector, YFSA and in general, a role model to the public at all times.

DEFINITIONS

The following term will have this meaning in this policy:

"Individuals" – All categories of membership within YFSA, as well as all individuals engaged in activities with YFSA, including but not limited to athletes, coaches, officials, judges, volunteers, directors, officers, administrators, spectators, team personnel, and parents of YFSA members.

"Rule of Two" - Any one-on-one interaction between a coach and an athlete, both on and off the field of play, will take place within earshot and view of a second coach or person over the age of 18, with the exception of medical emergencies.

SCOPE

1. This policy applies to Individuals' conduct during the Association's business, activities, and events including, but not limited to, competitions, practices, tryouts, training camps, travel associated with the Association's activities, the Association's office environment, and any meetings.

2. This Code also applies to Individuals' conduct outside of the Association's business, activities, and events when such conduct adversely affects relationships within the Association and/or its Members (and its work and sport environment) and is detrimental to the image and reputation of the Association. Such jurisdiction will be determined by the Association at its sole discretion.
3. This policy applies to conduct in person and through all social media channels.
4. An Individual who violates this Code may be subject to sanctions pursuant to the Association's Discipline and Complaints Policy.

COMMITMENT TO FAIR PLAY

5. Everyone involved with freestyle skiing in YT – from parents and spectators to athletes, officials and coaches – can and should play a part in promoting fair play. The easiest way to do this is to lead by example and always respect the written and unwritten rules of the sport. Learning how to manage stress constructively is essential so that fair play skills and instincts will not be 'lost' in competition. This Code of Conduct Policy includes examples of incorporating fair play into your sport or recreation activity.

RESPONSIBILITIES

6. All individuals have a responsibility to:
 - a) Respect the property of others and do not willfully cause damage.
 - b) Demonstrate respect to individuals regardless of body type, physical characteristics, athletic ability, age, ancestry, colour, race, citizenship, ethnic origin, place of origin, creed, disability, family status, marital status, gender identity, gender expression, sex, and sexual orientation.
 - c) Consistently demonstrating the spirit of sportsmanship, sport leadership, and ethical conduct.
 - d) Refrain from any behaviour that constitutes harassment. Types of behaviour that constitute harassment include, but are not limited to:
 - i. Written or verbal abuse, threats, or outbursts.
 - ii. The display of visual material which is offensive or which one ought to know is offensive.
 - iii. Unwelcome remarks, jokes, comments, innuendo, or taunts.
 - iv. Condescending or patronizing behaviour which is intended to undermine self-esteem, diminish performance or adversely affect working conditions.

- v. Practical jokes which cause awkwardness or embarrassment, endanger a person's safety, or negatively affect performance.
 - vi. Bullying of any kind.
 - vii. Repeated offensive or intimidating phone calls, emails or social media posts.
- e) Comply with the constitution, bylaws, policies, rules and regulations of the YFSA, as adopted and amended from time to time (As posted on YFSA's website).

COACH RESPONSIBILITIES

7. In addition to paragraph 6 above, Coaches have additional responsibilities. The athlete-coach relationship is a privileged one and plays a critical role in the personal as well as athletic development of their athletes. Coaches must understand and respect the inherent power imbalance in this relationship and be extremely careful not to abuse it. Coaches will at all times:
- a) Ensure a safe environment by selecting activities and establishing controls suitable for athletes' age, experience, ability and fitness level, including educating athletes as to their responsibilities in contributing to a safe environment.
 - b) Prepare athletes systematically and progressively, using appropriate time frames and monitoring physical and psychological adjustments while refraining from using training methods or techniques that may harm athletes.
 - c) Avoid compromising the present and future health of athletes by communicating and cooperating with sport medicine professionals in the diagnosis, treatment and management of athletes' medical and psychological problems.
 - d) Accept and promote athletes' personal goals and refer athletes to other coaches and sports specialists as appropriate and as opportunities arise.
 - e) Support the coaching staff of a training camp, provincial team, or national team; should an athlete qualify for participation with one of these programs.
 - f) Provide athletes (and the parents/guardians of minor athletes) with the information necessary to be involved in the decisions that affect the athlete.
 - g) Act in the best interest of the athlete's development as a whole person.
 - h) Comply with the Association's Screening Policy.
 - i) Encourage your team to respect other competitors, the rules of the competition and accept the judgements of officials and opposing coaches without argument.
 - (i) In some scenarios, it may be appropriate to act on behalf of the athlete to seek clarification when there are questions about judging.

- j) Teach your athletes to manage conflict and stress and use good judgment in challenging situations.
- k) Remember that children need a coach they can respect. Be generous with praise and set a good example.
- l) Respect athletes playing with other teams and, in dealings with them, not encroach upon topics or actions which are deemed to be within the realm of 'coaching', unless after first receiving approval from the coaches who are responsible for the athletes.
- m) Use inoffensive language, taking into account the audience being addressed.
- n) Under no circumstance provide, promote or condone the use of drugs or performance-enhancing substances or methods, and in the case of minors, alcoholic beverages, marijuana, and/or tobacco products, including smoking and vaporizing.
- o) Refrain from intervening inappropriately in personal affairs that are outside the generally accepted jurisdiction of a coach.
- p) Refrain from conduct that causes physical or emotional harm to Individuals.
- q) Ensure that when possible, one-on-one interactions between a coach and an athlete should take place within earshot and in view of the second coach, following the "Rule of Two," except in a medical emergency.
- r) At no time engage in an intimate or sexual relationship with an athlete under the age of 18 years, and at no time engage in an intimate or sexual relationship with an athlete over the age of 18 if a power imbalance exists or the coach is in a position of trust or authority over an athlete.
- s) Recognize the power inherent in the position of a coach and respect and promote the rights of all participants in sport. This is accomplished by establishing and following procedures for confidentiality (right to privacy), informed participation, and fair and reasonable treatment. Coaches have a special responsibility to respect and promote the rights of participants who are vulnerable or dependent and less able to protect their rights.

ATHLETE RESPONSIBILITIES

8. In addition to paragraph 7 above, Athletes will have additional responsibilities to:

- a) Participate because you want to, not just because your parents or coach wants you to.
- b) Cooperate and respect your coach, teammates and opponents.

- c) Always try to control your temper. Competition is stressful and can provoke powerful emotions, but fighting and “disrespectful communication” is unacceptable.
- d) Report any medical problems promptly where such issues may limit the athlete’s ability to travel, train or compete.
- e) Shall not possess or use any drug other than prescribed medical drugs. Athletes shall not use medical drugs and supplements included on the ‘prohibited list’ published by the Canadian Centre for Ethics in Sport in conjunction with World Anti-Doping Agency.
- f) Participate and appear on-time, well-nourished, and prepared to participate to their best abilities in all competitions, practices, training sessions, tryouts, tournaments, and events.
- g) Properly represent themselves and not attempt to enter a competition for which they are not eligible.
- h) Accept feedback about their own behaviours, and work to correct problems.
- i) Adhere to all YFSA’s travel, hotel, clothing and equipment rules and requirements.
- j) Act in a sportsmanlike manner and not display appearances of violence, foul language, or gestures to other athletes, officials, coaches, or spectators.
- k) Act in accordance with the Association’s policies and procedures and, when applicable, additional rules as outlined by coaches or managers.

PARENTS/GUARDIANS RESPONSIBILITIES

9. In addition to paragraph 8 above, Parents/Guardians of YFSA Members will:
- a) Keep off the training or competition area and do not interfere with any activities.
 - b) Encourage athletes to play by the rules and to resolve conflicts without resorting to hostility or violence.
 - c) Condemn the use of violence in any form.
 - d) Support all efforts to remove verbal and physical abuse, coercion, intimidation and sarcasm.
 - e) Avoid forcing your child to participate in freestyle skiing, and remember that your child is participating for their enjoyment, not yours.
 - f) Remember that children learn best by example. Be a supportive and fair spectator. Applaud good performances by members of all teams.
 - g) Never ridicule a participant for making a mistake during a performance or practice.

- h) Provide positive comments that motivate and encourage participants' continued effort.
- i) Recognize that officials, executives and staff act in good faith, and in the best interests of the athletes and sport as a whole.
- j) Respect the decisions and judgements of officials and judges and encourage athletes to do the same.
- k) Respect the decisions and recommendations of coaches and encourage athletes to do the same.
- l) Respect and show appreciation to all competitors and to the coaches, officials, judges and other volunteers who give their time to the sport.
- m) Teach your child that although winning is fun, trying hard and doing one's best is really the "name of the game." Never ridicule or get angry at your child for making mistakes or losing a competition. Offer constructive advice and assurance that continuous effort will improve performance the next time out.
- n) Refrain from the use of bad language, nor harass competitors, coaches, officials, parents/guardians or other spectators.

CHAPERONE RESPONSIBILITIES

10. In addition to paragraph 9 above, chaperones will:

- a) Refrain from intervening inappropriately in personal affairs that are outside the generally accepted jurisdiction of YFSA.
- b) Encourage and facilitate athletes to be responsible for their behaviour, performance and decisions.
- c) Refrain from the use of alcohol or illegal substances while traveling with athletes.
- d) Ensure a safe environment at the accommodation, restaurants, and other team outings.
- e) Respect and accept the authority of a Coach and/or Team Manager.
- f) Encourage and ensure the good behaviour of the athletes during travel, hotel stay, competition and training.
- g) Ensure athletes are punctual and on time.
- h) Monitor the behaviour of athletes and ensure they are adequately fed and obtain an appropriate amount of sleep.

Minor Infractions

Minor infractions are defined as infractions that have limited impact on the athlete, teammates or other individuals and/or the Club as a whole.

Examples of minor infractions may include:

- a) inappropriate use of language
- b) failure to participate in the designed program

Minor infractions may result in withdrawal of Club privileges for a short period of time (e.g., 1-2 days). Repeated minor infractions may result in withdrawal of training or skiing privileges for a longer period of time. (e.g., 1-2 weeks). Infractions of the Club's Travel Policy may result in athletes being sent home, without refund of fees.

Major Infractions

Major Infractions are defined as infractions that have a serious impact on the athlete, teammates or other individuals, and/or the Club as a whole.

Examples of a major infraction may include:

- a) repeated bullying
- b) the use or promotion (including distribution) of drugs, alcohol and nicotine products (including vaping).

A major infraction may result in the athlete's immediate dismissal from Freestyle Yukon programming, without refund of fees. Major Infractions will be adjudicated by a discipline committee composed of the YFSA President, and at least two other Club Board members.

The coaching staff is responsible for informing the board and promptly creating an incident report. The YFSA President and/or coach will inform the parents of these issues promptly.

Please note: If an event occurs while travelling that is a violation of team rules, regulations or policies, the athlete may be sent home immediately at the parents' cost by whatever means is most convenient to the Club. No reimbursement of program or event fees will be made.

DISCIPLINE AND COMPLAINTS

11. Behaviour that violates this Code of Conduct Policy may be subject to sanctions pursuant to YFSA's Discipline and Complaints Policy.

12. Infractions that are sexual in nature will be referred to the Canada Sports Help Line or the appropriate law enforcement agency as per Freestyle Canada's Safe Sport Policy.



Compliance

I accept the rules, policies and procedures of Freestyle Yukon, governing events and competitions in which I participate.

I comply with the reasonable requests of officials of Yukon Freestyle, the Canadian Freestyle Ski Association ("CFSA") and, or International Ski Federation ("FIS").

Failure to comply with this code of conduct may result in disciplinary action in accordance with the Discipline Policy of YFSA. Such action may result in the member losing the privileges that come from membership in YFSA, including the opportunity to participate in YFSA, CFSA or national events.

There will be no refund of program fees arising from disciplinary action.

Commitment

By signing below, the athlete and parent(s) of the athlete agree to comply with all Club Policies. The athlete and parent(s) both acknowledge that they have read this Code of Conduct, that the athlete understands its contents, and agrees to conduct him or herself according to Club standards and to be subject to the disciplinary actions, described herein.

Athlete Name

Athlete Signature

Parent 1 Name

Parent 1 Signature

Parent 2 Name

Parent 2 Signature

Coach Name

Coach Signature

Date